

Community Based Health screening for Older people

Report Form

Name of Health Facility:

Dzongkhag:

Date:

Target population	65-69		70-79		80-89		90+		Total	
	M	F	M	F	M	F	M	F	M	F
Disability										
Diabetes										
Depression										
Dementia										
Dental problem										
Social isolation										
Hypertension										
Addiction										
Visual problem										
Ear problem										
Fall risk										
Urinary incontennence										
Nutritional problem										
Others										

Instructions

Disability: Basic Activities of Daily Living <21
 Diabetes: RBS> 200mg/dLor taking anti-diabetic medicine
 Depression (Risk): "yes" to either of the two questions
 Dementia (Risk): Three word recall test <2
 Dental problem: Need for assesment by a dental technician
 Respiratory disease: Suspicion of respiratory diseases
 Social isolation: LSNS6 <12
 Inactivity: Lack of enough physical activities (please refer to the check up)

Hypertension: mSBP >140mmHg/mDBP >90mmHg or taking medicine
 Addiction: CAGE questions >2, smoker, or doma consumer
 Visual problem: Need for assesment by a eye technician
 Ear problem: Whisper voice test is abnormal for at least one ear
 Fall risk: At least one of fall risks(Please refer to the checkup form)
 Urinary incontennence: leak urine within 3 months
 Nutritional problem: BMI <19 or BMI ≥25

Reporting Officer:

Designation:

Signature: